


# OCTOBER

## CASTLE ARMS

NON-PROFIT SENIORS APARTMENTS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	<b>NATIONAL SENIORS DAY 1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
	845-915 VON Exercises – CA1 2-3 Weekly Huddle – CA4 7-9 Darts – CA2	9-930 VON Exercises – CA3 2-3 Tea Talk & Crafts – CA2	9-930 VON Exercises – CA1 12-1 CSS Let's Lunch – CA2 645 Euchre – CA2	130-230 Tea Time – CA1 645-730 Bingo – CA1	<b>CASTLE ARMS [Jilly]</b> 705-845-2038	
<b>Craft/Bake Sale sign up 7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
9-930 VON Exercises – CA3 2-4 Shuffle Board – CA3 645-8 Bingo – CA2	845-915 VON Exercises – CA1 2-3 Weekly Huddle – CA1 7-9 Darts – CA2	9-930 VON Exercises – CA3 2-3 Tea Talk & Crafts – CA2	9-930 VON Exercises – CA1 12-1 CSS Let's Lunch – CA2 1-3 Boys Club is Back – CA3 1-330 Paramedic Clinic – CA2 645 Euchre – CA2	130-230 Tea Time – CA1 645-730 Bingo – CA1	<b>October 3<sup>rd</sup> at 10 a.m. and October 11<sup>th</sup> at 2 p.m. FALL COLOUR RIDES</b>  Call Kim to book your spot.	
<b>THANKSGIVING 14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
2-4 Shuffle Board – CA3 645-8 Bingo – CA2	845-915 VON Exercises – CA1 2-3 Weekly Huddle – CA2 7-9 Darts – CA2	9-930 VON Exercises – CA3 930-4 Tour Around Lake Nipissing 2-3 Tea Talk & Crafts – CA2	9-930 VON Exercises – CA1 12-1 CSS Let's Lunch – CA2 2-3 Wellness Chat – CA2 645 Euchre – CA2	130-230 Tea Time – CA1 645-730 Bingo – CA1	 <b>ASSANTE BUS [Kim] 705-978-4250 or 705-474-4250 ext. 789</b>	
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
9-930 VON Exercises – CA3 1-3 Darts – CA3 2-4 Shuffle Board – CA3 645-8 Bingo – CA2	845-915 VON Exercises – CA1 2-3 Weekly Huddle – CA3 7-9 Darts – CA2	9-930 VON Exercises – CA3 2-3 Tea Talk & Crafts – CA2	9-930 VON Exercises – CA1 12-1 CSS Let's Lunch – CA2 1-3 Boys Club – CA3 1-330 Paramedic Clinic – CA3 645 Euchre – CA2	Pumpkin Pickup outside CA3  130-230 Tea Time – CA1 645-730 Bingo – CA1	<b>Shopping 10-12 and 130-330 every weekday [except holidays]</b>	
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	 <b>Afternoon shopping may be limited on October 4<sup>th</sup> and 8<sup>th</sup>. A second trip will be added if needed. Kim will be away October 18<sup>th</sup> to 21<sup>st</sup>.</b>		
9-930 VON Exercises – CA3 2-4 Shuffle Board – CA3 645-8 Bingo – CA2	845-915 VON Exercises – CA1 2-3 Weekly Huddle – CA4 630-9 Trivia Night – CA3 7-9 Darts – CA2	9-930 VON Exercises – CA3 1030-230 Casino Trip 2-3 Tea Talk & Crafts – CA2	9-930 VON Exercises – CA1 12-1 CSS Let's Lunch – CA2 1-3 HALLOWEEN PARTY – CA2 645 Euchre – CA2			