


JULY

CASTLE ARMS

NON-PROFIT SENIORS APARTMENTS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 CANADA DAY BBQ 11 A.M. – 1 P.M. CA3 GAZEBO	2 9-9 ³⁰ VON Exercises – CA3 1 Craft & Laugh – CA3 2-3 Tea Talk – CA2	3 9-9 ³⁰ VON Exercises – CA1 1 Community Paramedic – CA3	4 1 ³⁰ -2 ³⁰ Tea Time – CA1	5	6
7 9-9 ³⁰ VON Exercises – CA1 6 ⁴⁵ -8 Bingo – CA2	8 12 community garbage pick up 2-3 Weekly Huddle – CA1	9 9-9 ³⁰ VON Exercises – CA3 1 Craft & Laugh – CA3 2-3 Tea Talk – CA2	10 12-1 CSS Let's Lunch – CA2	11 10-4 Sturgeon Falls trip 1 ³⁰ -2 ³⁰ Tea Time – CA1	CASTLE ARMS [Jilly] 705-845-2038	
14 9-9 ³⁰ VON Exercises – CA1 6 ⁴⁵ -8 Bingo – CA2	15 12 community garbage pick up 2-3 Weekly Huddle – CA2	16 9-9 ³⁰ VON Exercises – CA3 1 Craft & Laugh – CA3 1-2 ³⁰ STRAWBERRY SOCIAL CA3 GAZEBO	17 9-9 ³⁰ VON Exercises – CA1 12-1 CSS Let's Lunch – CA2 1 Community Paramedic – CA3	18 1 ³⁰ -2 ³⁰ Tea Time – CA1	12 Jilly is away July 10 th – 11 th , 17 th and 21 st – 25 th .	13
21 9-9 ³⁰ VON Exercises – CA1 6 ⁴⁵ -8 Bingo – CA2	22 12 community garbage pick up 2-3 Weekly Huddle – CA3	23 9-9 ³⁰ VON Exercises – CA3 1 Craft & Laugh – CA3 2-3 Tea Talk – CA2	24 9-9 ³⁰ VON Exercises – CA1 12-1 CSS Let's Lunch – CA2	25 1 ³⁰ -2 ³⁰ Tea Time – CA1	 ASSANTE BUS [Kim] 705-978-4250 or 705-474-4250 ext. 789	
28 9-9 ³⁰ VON Exercises – CA1 6 ⁴⁵ -8 Bingo – CA2	29 12 community garbage pick up 2-3 Weekly Huddle – CA4	30 9-9 ³⁰ VON Exercises – CA3 1 Craft & Laugh – CA3 2-3 Tea Talk – CA2	31 9-9 ³⁰ VON Exercises – CA1 10 ³⁰ -2 ³⁰ Casino Trip 2 Wellness Chat – CA2		26 Shopping 10-12 and 1 ³⁰ -3 ³⁰ every weekday [except holidays].	27
					Kim is away from June 30th – July 6th. There'll be no shopping on those dates.	