

JULY

CASTLE ARMS

NON-PROFIT SENIORS APARTMENTS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		 CANADA DAY BBQ 11 A.M. – 1 P.M. BEHIND CA2	Start Strawberry Social tickets 12-1 CSS Let's Lunch – CA2 1-3 ³⁰ Community Paramedic	9 VON Exercises – CA1 1 ³⁰ -2 ³⁰ Tea Time – CA1		
6 9-9 ³⁰ VON Exercises – CA1 6 ⁴⁵ -8 Bingo – CA2	7	8 9-9 ³⁰ VON Exercises – CA3 2-3 Tea Talk – CA2	9 12-1 CSS Let's Lunch – CA2 1-3 ³⁰ Community Paramedic 2 Wild Card Bingo – CA2	10 9 VON Exercises – CA1 1 ³⁰ -2 ³⁰ Tea Time – CA1	CASTLE ARMS [Jilly] 705-845-2038 Jilly is away July 3 rd – 10 th	
13 9-9 ³⁰ VON Exercises – CA1 6 ⁴⁵ -8 Bingo – CA2	14 End Strawberry Social tickets 2-3 Weekly Huddle – CA2	 15 9-9 ³⁰ VON Exercises – CA3 1-2 STRAWBERRY SOCIAL 2-3 Tea Talk – CA2	16 Start Pig Roast tickets 12-1 CSS Let's Lunch – CA2 1-3 ³⁰ Community Paramedic	17 9 VON Exercises – CA1 1 ³⁰ -2 ³⁰ Tea Time – CA1	18	19
20 9-9 ³⁰ VON Exercises – CA1 6 ⁴⁵ -8 Bingo – CA2	21 2-3 Flow with Mercedes – CA2	22 9-9 ³⁰ VON Exercises – CA3 10 Street Dance Plan – CA2 2-3 Tea Talk – CA2	23 12-1 CSS Let's Lunch – CA2 1-3 ³⁰ Community Paramedic 2 Wild Card Bingo – CA2	24 9 VON Exercises – CA1 1 ³⁰ -2 ³⁰ Tea Time – CA1	 25	26
27 9-9 ³⁰ VON Exercises – CA1 6 ⁴⁵ -8 Bingo – CA2	28 2-3 Weekly Huddle – CA3	29 9-9 ³⁰ VON Exercises – CA3 2-3 Tea Talk – CA2	30 12-1 CSS Let's Lunch – CA2 1-3 ³⁰ Community Paramedic	31 9 VON Exercises – CA1 1 ³⁰ -2 ³⁰ Tea Time – CA1	ASSANTE BUS [Kim] 705-978-4250 or 705-474-4250 ext. 789 Shopping 10-12 and 1³⁰-3³⁰ every weekday [except holidays]	